



Christmas 2020



Welcome back! We are thrilled to re-open during the run-up to Christmas. While 2020 has not been quite how any of us expected we are delighted to be able to see you all again now!

Just as in July, we have a full range of Covid-safe practices in place to keep everyone safe and well. We have at least one workstation between clients and each station and basin has its own equipment and sanitiser. Everyone is provided with complementary hand sanitiser, tissues and masks as needed. The Covid-19 guidelines we implemented over the summer worked really well (you can find more about them on our website, or on request) and we're still offering special early or late appointments to our more vulnerable

clients to minimise contact with others. The team will always be wearing an apron, mask and visor and everything we use during your visit will be fully sterilised before and after. Workstations, door handles and toilets are sanitised regularly throughout the day.



We've got it covered so that you can enjoy a little seasonal pampering, without worrying about a thing. We also have a great festive newsletter for you. Do let us know if you get round to making the recipe.

We wish you a very merry Christmas and a happy new year

A little bit of Seasonal Sparkle

We know you look forward to the **Christmas Kevin Murphy gift packs** and after so many weeks of lockdown our hair needs more festive TLC than ever.

The hardest thing is which limited edition pack to choose. So here's what you'll find in each. But they're going fast!



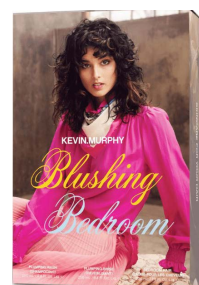
Take Away - Whether or not you think you'll be travelling in 2021, this pack is a must-have for damaged, dry and dull hair. It contains the reconstructing

shampoo and conditioner duo *Repair.Me Wash* and *Repair.Me Rinse*. Nourish your hair with these fabulous ultra-restorative products. We are not at all surprised they are bestsellers! We also love the neat purple cosmetic bag they come in.

Blushing Bedroom - Achieve the 'I woke up like this' look with the trio of plumping products in this pack. The perfect gift for anyone with fine, limp, damaged or thinning hair.

Re-densifying shampoo, *Plumping.Wash* uses ginger root and nettle extract to stimulate circulation to promote hair growth. Regular use can prevent hair loss and thicken the hair. Follow with *Plumping.Rinse*, a thickening conditioner that

nourishes and protects your hair. Finish with volume boosting spray, *Bedroom.Hair* giving your locks a fabulous lift and the best bit is that it is effectively completely free!



Finally if you're looking for a sneaky stocking filler any purchase of a *Balancing.Wash* comes with a travel size *Free.Hold* texture cream while stocks last.



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Send a little tropical love

Tropic is an award winning natural, cruelty-free, vegan skincare and beauty range. Everything is made in the UK with sustainably and ethically sourced ingredients from the tropics. They are also carbon-neutral certified and work hard to minimise their footprint. You can see why we love them!



Tropic offer a wide range of products tailored to care for any skin-types. And these festive gifts make the perfect present for anyone who would like to refresh their skincare routine, indulge in a little update to their make-up collection or just enjoy a touch of pampering.

We are big fans of the cute baubles which will brighten any tree. Choose from one of three minis collections, Clear, Nourish, and Glow.

Looking for something a bit bigger? How about the Joy Drums - we like 'Uplift Me'. Start your day with the lemon myrtle scrub, citrus cleanser and moisture cream to get you fired up for the day ahead, whatever you have planned!

We also rate the Little Crackers of Joy. There are three to choose from. Our favourite is the



Helping Hands Collection. A bag size Keep It Clean hand sanitiser and a tube of Calm Balm work to keep your hands safe and hydrated. Also 50% of all profits from this collection will be donated to the Trussell Trust which works to stop hunger and poverty in the UK.

What's not to love about these ethical gifts? If you're interested in finding out more, talk to Claire at the salon.



Mexican Hot Chocolate

Ingredients

- 3 cups almond milk
- 100g dairy-free dark chocolate, grated
- 1 tablespoon cacao powder
- 1-2 tablespoons agave syrup (to taste)
- 1 teaspoon chipotle chilli powder
- 1 vanilla bean, seeds scraped (or 1 teaspoon vanilla bean paste)
- 2 cinnamon quills

Directions

1. Place all hot chocolate ingredients (except cinnamon) in a saucepan over low to medium heat and stir until the chocolate has melted and the ingredients start to emulsify. Pour into 2 mugs and place a cinnamon quill in each.
2. Serve with your favourite cookies.

Image and recipe <https://recipes.vegkit.com>

Festive TLC

While we are looking forward to seeing many of you in the Salon over the next few weeks, we know that not everyone can make it. So, how can you keep your hair looking fabulous over the festive season and rest of winter?

The cold, wind and rain can really strip your hair of its natural oils and lockdown and stress can wreak havoc with our routines. Just like our skin, our hair can reflect how we are and at this time of the year it needs a little TLC. Follow these tips to get a head start on your hair care:

1. Wear a hat. When you're out and about, always protect your locks from the elements with a hat.
2. Keep the shower temperature down, it's tempting to turn it up on those chilly mornings, but it's no good for your hair.
3. Minimise your heat styling. If you must do it, make sure you use a good heat protection product.
4. Keep washing to a minimum and use a shampoo that's perfect for your hair type.
5. Use a really good deep conditioner. Your stylist can advise you on exactly what's right for you!
6. Try to use a leave-in conditioner or a hydrating hair mask once or twice a week.
7. And when you can, get regular trims. Snipping off any split ends will protect the hair all the way to your head!

